

hillbrow **health and wellbeing**

Price Guide 2024/2025





MAX MEMBERSHIP

Our best value package

Sign up for a 12-month contract and get a monthly discount
NO JOINING FEE

Prefer to pre pay for the whole year? Our annual membership gives you **12 months for the price of 11!**

	Monthly Direct Debit	Prepay Annually
Adult	£41.50	£456.50
Adult Couple	£74.70	£821.70
Senior (60+)	£37.00	£407.00
Senior Couple (60+)	£66.60	£732.60
Student (16 yrs+)*	£27.50	£302.50
Junior Plus (14-15 yrs)*	£21.00	£231.00
Junior (11-13yrs)*	£21.00	£231.00
Corporate	£38.50	£423.50

What's Included?

- Unlimited Gym, classes and swimming
- 14 days advance booking rights via our online booking website and app.
- 2 x 45 minute appointments with a qualified Fitness Instructor who will tailor a personal fitness plan for you.
- Free personal plan review every 10-12 weeks to develop your goals and track progress.
- Member exclusive benefits for you, family and friends.

*restrictions apply. Please refer to our website www.hillbrowhealthandwellbeing.org

To join and find out more visit www.hillbrowhealthandwellbeing.org



FLEX MEMBERSHIP

Full Fitness Flexibility

A rolling month to month contract for full fitness flexibility
Subject to a joining fee of £19.95

Monthly Direct Debit

Adult	£49.40
Adult Couple	£88.90
Senior (60+)	£43.00
Senior Couple (60+)	£77.40
Student (16 yrs+)*	£31.70
Junior Plus (14-15 yrs)*	£25.60
Junior (11-13yrs)*	£25.60
Corporate	£44.65

What's Included?

- Unlimited Gym, classes and swimming
- 14 days advance booking rights via our online booking website and app.
- 2 x 45 minute appointments with a qualified Fitness Instructor who will tailor a personal fitness plan for you.
- Free personal plan review every 10-12 weeks to develop your goals and track progress.
- Member exclusive benefits for you, family and friends.

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Gym

Adult	£9.15
Senior	£8.20
Student	£6.20
Juniors*	£4.45
Concessions**	£4.45

*Juniors accessing the gym on a pay as you go basis will need to complete an introduction to using the gym with one of our qualified instructors for £19.95.

Exercise Classes

Exercise Classes from	£7.75
Senior Only Classes	£6.15

Racket Sports

Badminton Court	Adult	£14.00
	Junior	£7.50
Table Tennis (per table)	Adult	£5.95
	Junior	£3.35

PAY AS YOU GO

Swimming

Adult	£5.90
Senior, Student & Junior	£3.80
Family Swim +	£12.70
Family Swim Concessions**	£10.00
Disabled/Concessions Swim**	£3.80
Under 4's	£1.50
Aqua Aerobics	£7.75
Active Age Aqua Aerobics	£6.15

**Concessions: Disabled, Universal Credit, Employment & Support Allowance, Pension Credit or Job Seeker's Allowance. Proof of entitlement required for admission.

