











## Monday – 23<sup>rd</sup> December

Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
06:00	07:00		Fitness Swim (Adult)
07:00	09:00		Fitness Swim
09:00	10:15		*Swim For All
10:15	11:15		60+ Swim
11:15	12:15		Swim for All*
<b>Afternoon Session</b>			
12:15	18:00		Swim for All*
<b>Evening Session</b>			
18:00	20:45		*Swim For All
20:45	21:45		Fitness Swim




## Saturday 28<sup>th</sup> December

Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
08:00	09:00		Lane Swim (Adult)
09:00	12:30		*Swim For All
<b>Afternoon Session</b>			
12:30	15:50		*Swim For All (F)
16:00	17:00		Closed for maintenance
17:05	17:55		Therapeutic Swim

## Toddler Pool Opening Times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30-15:30	10:30-14:45	Closed			12:30-15:50	12:45-14:50

## Tuesday 24<sup>th</sup> December

Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
08:00	09:00		Fitness Swim
09:00	13:15		*Swim For All
<b>Afternoon Session</b>			
13:15	14:45		*Swim For All

## Sunday 29<sup>th</sup> December

Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
08:00	09:00		Lane Swim (Adult)
09:00	12:40		*Swim For All
<b>Afternoon Session</b>			
12:45	14:50		*Swim For All (FS)
15:00	15:50		*Get Wet & Wacky
16:00	17:00		Party Hire
17:05	17:55		*Swim For All

## Lewes Leisure Centre Christmas Opening Hours

Tuesday 24<sup>th</sup> December 08:00 - 15:00

Wednesday 25<sup>th</sup> December Closed

Thursday 26<sup>th</sup> December Closed

Friday 27<sup>th</sup> December

Closed for planned maintenance works

Saturday 28<sup>th</sup> to Monday 30<sup>th</sup> December  
Lewes Leisure Centre will be open as normal

Tuesday 31<sup>st</sup> December 08:00 - 15:00

Wednesday 1<sup>st</sup> January Closed

## Flume Opening Times

Monday – 23.12.24	Tuesday – 24.12.24	Monday – 30.12.24	Tuesday – 31.12.24
11:15 – 16:00	09:00 – 14:45	11:00 – 16:00	09:00 – 14:45



Aqua Aerobics



Fun Session



Open Swimming



Wellness Swim



Lane Swimming



Wave Swim School



Party Use & Hire



School & Private Hire

The ability to book a session is available, however you can just turn up if space is available to attend.

Fitness Swim and Lane Swim are not suitable for children under the age of 11 years.









\*Swim For All and Get Wet & Wacky are non-bookable sessions, normal admission apply.




(F) – Flume available for use (C) – Up to Two Lanes used for NPLQ Training

For full descriptions visit [www.waveleisure.co.uk](http://www.waveleisure.co.uk). Please note: timetable subject to change.






# Christmas Swimming Timetable



WEEK 2: 30<sup>th</sup> December 2024 to 5<sup>th</sup> January 2025

Monday – 30 <sup>th</sup> December			
Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
06:00	07:00		Fitness Swim (Adult)
07:00	09:00		Fitness Swim
09:00	10:15		*Swim For All
10:15	11:15		60+ Swim
11:15	12:15		Swim for All*
<b>Afternoon Session</b>			
12:15	18:00		Swim for All*
<b>Evening Session</b>			
18:00	20:45		*Swim For All
20:45	21:45		Fitness Swim







Tuesday 31 <sup>st</sup> December			
Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
08:00	09:00		Fitness Swim
09:00	13:15		*Swim For All
<b>Afternoon Session</b>			
13:15	14:45		*Swim For All

**New Year Opening Hours**  
 Tuesday 31<sup>st</sup> December 08:00 - 15:00  
 Wednesday 1<sup>st</sup> January Closed

Thursday 2 <sup>nd</sup> January			
Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
06:00	07:00		Fitness Swim (Adult)
07:00	09:00		Fitness Swim
09:00	12:15		*Swim For All (C)
<b>Afternoon Session</b>			
12:15	18:15		*Swim For All
<b>Evening Session</b>			
18:15	21:45		*Swim For All

Friday 3 <sup>rd</sup> January			
Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
06:00	09:00		Fitness Swim
09:00	10:25		*Swim For All
10:30	11:25		Aquafit
11:30	12:30		*Swim For All (C)
<b>Afternoon Session</b>			
12:30	16:00		*Swim For All
<b>Evening Session</b>			
16:00	19:25		*Swim For All
19:30	20:25		Fitness Swim
20:30	21:45		Twilight Swim (Adult)

Saturday 4 <sup>th</sup> January			
Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
08:00	09:00		Lane Swim (Adult)
09:00	12:30		*Swim For All
<b>Afternoon Session</b>			
12:30	15:50		*Swim For All (F)
16:00	17:00		Party Hire
17:05	17:55		Therapeutic Swim

Sunday 5 <sup>th</sup> January			
Start Time	Finish Time	Focus	Session
<b>Morning Session</b>			
08:00	09:00		Lane Swim (Adult)
09:00	12:40		*Swim For All
<b>Afternoon Session</b>			
12:45	14:50		*Swim For All (FS)
15:00	15:50		*Get Wet & Wacky
16:00	17:00		Party Hire
17:05	17:55		*Swim For All

## Toddler Pool Opening Times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30-15:30	10:30-14:45	CLOSED	10:30-15:30	10:30-15:30	12:30-15:50	12:45-14:50

-  Aqua Aerobics
-  Fun Session
-  Open Swimming
-  Wellness Swim
-  Lane Swimming
-  Wave Swim School
-  Party Use & Hire
-  School & Private Hire

The ability to book a session is available, however you can just turn up if space is available to attend. Fitness Swim and Lane Swim are not suitable for children under the age of 11 years. \*Swim For All and Get Wet & Wacky are non-bookable sessions, normal admission apply. (F) – Flume available for use (FS) – Float Session (C) – Up to Two Lanes used for NPLQ Training For full descriptions visit [www.waveleisure.co.uk](http://www.waveleisure.co.uk). Please note: timetable subject to change.