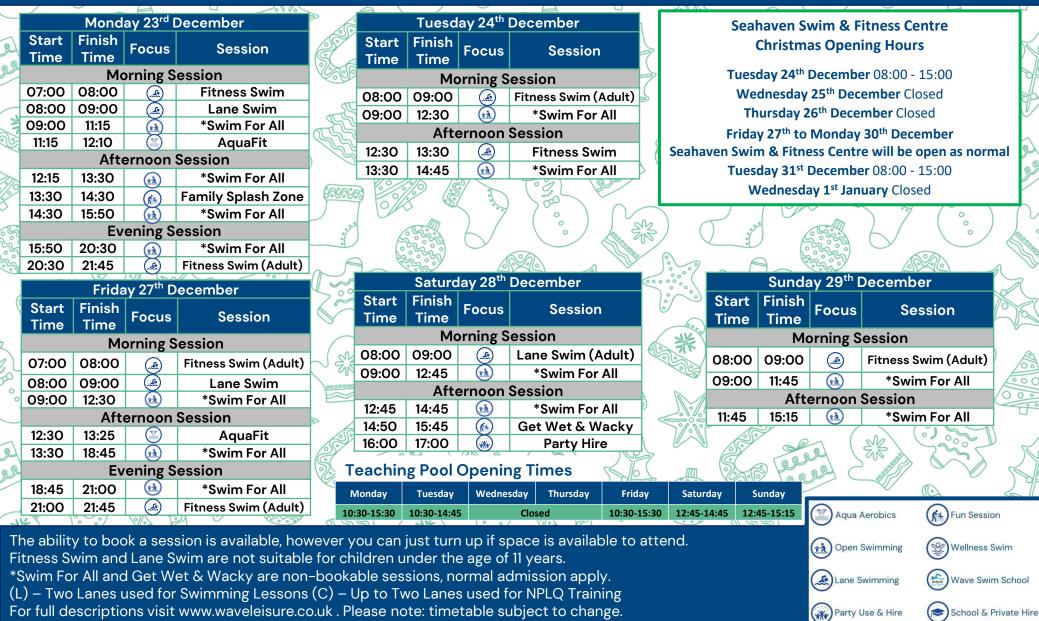


Seahaven Swim and Fitness Centre Christmas Swimming Timetable WEEK 1: 23rd to 29th December 2024





Seahaven Swim and Fitness Centre Christmas Swimming Timetable WEEK 2: 30th December 2024 to 5th January 2025

 \approx

10:30-15:30

vailable to attenc

Sat

12:4

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Ч			ay 30 th I	December				Tuesc	lay 31 st D	ecember	
2	Start	Finish	Focus	Session	00°	Sta	rt	Finish	Focus	Sessi	a b
	Time	Time			Sa	Tim	ne	Time	FOCUS	Sessi	on
\mathcal{P}	Morning Session					Morning Session					
	07:00	08:00	<u>A</u>	Fitness Swim		08:0	00	09:00		Fitness Swin	n (Adult)
	08:00	09:00	<u>A</u>	Lane Swim	-S	09:0	00	12:30	(rà)	*Swim F	
	09:00	11:15	**	*Swim For All	122				ernoon S	Session	-
Y	11:15	12:10		AquaFit	L'L	12:3	0	13:30		Fitness	Swim
	10.15			Session		13:3		14:45	(1)	*Swim F	-
\geq	12:15	13:30	(xà	*Swim For All	601010	10.0		هـ. ــا		To 21	
13:30 14:30 Family Splash Zone							ear Opening Hours				
	14:30	15:50	(tà)	*Swim For All					-	-	
65			ening S		, č	Tuesday 31 st December 08:00 - 15:00					
22	15:50	20:30	**	*Swim For All			V	Vednes	day 1 st Ja	nuary Closed	t
22	20:30	21:45	æ	Fitness Swim (Adult)			0.00	220	Ð		A
	Friday 3 rd January					Saturday 4 th January					
	Start	Finish	Feetro	Seccion	$\langle \tilde{\sim} \rangle$	Sta	rt	Finish	Focus	Sessi	o p
	Time				Tim			FUCUS			
2	Morning Session					Morning Session					
	07:00	08:00	(A)	Fitness Swim (Adult)	J SMZ	08:0	_	09:00	<u>A</u>	Lane Swim	
P	08:00	09:00	Æ	Lane Swim	- 9S	09:0	00	12:45	(xà)	*Swim F	or All
0	09:00	12:30	(*2)	*Swim For All	00000000	Afternoon Session					
		Afternoon Session					14:45		*Swim F	-	
	12:30	13:25		AquaFit		14:5	_	15:45		Get Wet &	
2	13:30	18:45	(rà)	*Swim For All	S	16:C	0	17:00		Party H	lire
		Ev	ening S		(C) -			\neg			
\mathbb{P}	18:45	21:00	(**)	*Swim For All	∣ ⊻ Tea	chin	ng P	ool Op	pening ⁻	Times) 7
	21:00	21:45	(A)	Fitness Swim (Adult)	Mon	day	Tu	esday	Wednesday	Thursday	Friday
A	K.	°``°	A DO		10:30-1	15:30	10:3	0-14:45	Closed	10:30-15:30	10:30-15:3
T	ne abilit	v to be		sion is available boy			n iu	et turn	up if sp	ace is avail	able to a
The ability to book a session is available, however you can just turn up if space is available to Fitness Swim and Lane Swim are not suitable for children under the age of 11 years.											
		will all C							age of i	ryears.	

	Thursday 2 nd January									
	Start Time	Finish Time	Focus	Session	K					
	Morning Session									
	07:00	08:00	<u>A</u>	Fitness Swim						
~~~	08:00	09:00	(A)	Lane Swim	V					
ด	09:00	13:30	(xà)	*Swim For All						
	Afternoon Session									
	13:30	14:30	(the second seco	Family Splash Zone						
SFX	14:30	16:00		••••••	Y					
°	Evening Session									
	16:00	21:45	(xà)	*Swim For All	ſι					
$\bigcirc$	Ċ	Ser.	× 6		000					
		622	in -		R					
~~ n	A WE AND A									
s U		Sunday 5 th January								
$\sim$	Start	Finish	_		2					
Ć	8		Focus	Session	IO.					
les (	Time	Time	Focus	Session	P					
€ ₩	Time	Time Mo	Focus orning S		P					
	8	Time			J No					
	Time	Time Mo	orning S	ession						
	Time 08:00	Time Mc 09:00 11:45	orning S @ @	ession Fitness Swim (Adult)						
	Time 08:00	Time Mc 09:00 11:45	orning S @ @	ession Fitness Swim (Adult) *Swim For All						
	Time 08:00 09:00	Time Mc 09:00 11:45 Afte	orning S @ @ ernoon	ession Fitness Swim (Adult) *Swim For All Session						
	Time 08:00 09:00	Time Mc 09:00 11:45 Aftc 15:15	orning S @ @ ernoon	ession Fitness Swim (Adult) *Swim For All Session						
	Time 08:00 09:00	Time Mc 09:00 11:45 Afte 15:15	orning S @ @ ernoon	ession Fitness Swim (Adult) *Swim For All Session						
	Time 08:00 09:00 11:45	Time Mc 09:00 11:45 Aftc 15:15	orning S @ @ ernoon	ession Fitness Swim (Adult) *Swim For All Session						
	Time 08:00 09:00 11:45 Sunday	Time Mc 09:00 11:45 Aftc 15:15	orning S @ @ ernoon	ession Fitness Swim (Adult) *Swim For All Session *Swim For All						
-	Time 08:00 09:00 11:45	Time Mc 09:00 11:45 Aftc 15:15	orning S ernoon ernoon	ession Fitness Swim (Adult) *Swim For All Session *Swim For All						
5-14:45	Time 08:00 09:00 11:45 Sunday	Time Mc 09:00 11:45 Afte 15:15	orning S ernoon ernoon	ession Fitness Swim (Adult) *Swim For All Session *Swim For All						
turday 15-14:45	Time 08:00 09:00 11:45 Sunday	Time Mc 09:00 11:45 Afte 15:15	orning S (a) ernoon (a) Aqua Aerobi	ession Fitness Swim (Adult) *Swim For All Session *Swim For All CS Fun Session hing Wellness Swim						
5-14:45	Time 08:00 09:00 11:45 Sunday	Time Mc 09:00 11:45 Aftc 15:15	orning S (a) ernoon (a) Aqua Aerobi	ession Fitness Swim (Adult) *Swim For All Session *Swim For All CS CS Fun Session Mellness Swim						

Party Use & Hire

School & Private Hire

*Swim For All and Get Wet & Wacky are non-bookable sessions, normal admission apply. (L) - Two Lanes used for Swimming Lessons (C) - Up to Two Lanes used for NPLQ Training For full descriptions visit www.waveleisure.co.uk . Please note: timetable subject to change.